



## Champion Sports Parent Code of Conduct

1. I will be positive and support my child in his/her individual sport journey.
2. I will not force my child to play sports.
3. I will remember that sports are games meant to be played by and for children and adolescents.
4. I will accept that my child plays sports for his/her enjoyment not for mine.
5. I will be realistic in my expectations for my child in sports.
6. I will encourage my child in the **GROW** model of developing as an athlete
  - I will help him/her to set **Goals**
  - I will help him/her to foster positive **Relationships** on his/her team
  - I will ensure that he/she has the **Ownership** to make his/her own decisions in athletics
  - I will guide him/her in **Winning** and losing gracefully.
7. I will help my child grow in the cardinal virtues through sport.
  - Fortitude – having courage and perseverance
  - Justice – showing fairness and respect
  - Prudence – making wise decision
  - Temperance – having balance and proper perspective
8. I will live by the cardinal virtues in my own behavior/attitude at sporting events.
9. I will help my child feel like a Champion by offering fair praise and constructive feedback in due reward.
10. I will support a nurturing sideline environment.
11. I will applaud good play, by both my child's team and the opponents.
12. I will respect the game officials and their decisions, understanding their task is challenging.
13. I will respect and show courtesy to my child's coaches.
14. I will commit to ensuring my child's coach follows the standards of "Coaching for Character" that embody the Play Like a Champion program.

### Champion Sports Parent Code of Conduct:

I have read the Play Like a Champion Sports Parent Code of Conduct and I pledge to embrace the mission, abide by the guidelines, and support the values of the program for the benefit of my child and all athletes.

Sign \_\_\_\_\_

Date \_\_\_\_\_