

The Play Like a Champion approach to coaching means understanding your role as a minister in promoting the moral and character development of our youth. As such, a Play Like a Champion coach must exemplify the GROW approach and cardinal virtues in his or her work. We have created the Coaches' Code of Conduct to represent the core teachings of this program and serve as a reminder of your responsibilities.

As a Play Like a Champion Coach...

1. I will uphold the teachings of the Catholic Church and strive to help participants grow in their faith through athletics.
2. I will embrace the mission of (enter name of school or league) and promote this mission through my coaching ministry.
3. I will embrace the Play Like a Champion philosophy in my coaching ministry, including a commitment to sport as play, the cardinal virtues, and the GROW approach.
4. I will remember that sports are games meant to be played by and for children.
5. I will encourage all the athletes on my team to GROW by:
  - Helping athletes set goals that are physical, mental and moral in nature
  - Building positive relationships on our team, with our opponents and officials
  - Providing athletes ownership over their play and their team.
  - Guiding athletes in winning and losing gracefully
6. I will respect the dignity of participants at all times and use language appropriate to an educator, including the use of positive strategies while avoiding practices that belittle or humiliate young people. I will not swear or be verbally abusive in any way.
7. I will respect the dignity of all parents, officials and other persons involved with the athletic environment, both during games and practices. I will promote a healthy relationship and foster good communication with parents of participants.
8. I will promote the physical well being of participants through an understanding of appropriate safety precautions and proper athletic technique.
9. I will commit to playing all individuals in practice and games, regardless of skill or ability, recognizing that sport is play.
10. I will live by the Catholic cardinal virtues in my own behavior/attitude at athletic events. I will always strive for virtue and excellence in my own life, understanding that as a coach I am a model to our youth at all times.

11. I will respect the game officials and their decisions at all times, recognizing that they work hard at a challenging task and that everyone makes mistakes.
12. I will strive to improve the skill of all participants in a sport, no matter how talented, and to help them reach their athletic potential.

### Coaches' Code of Conduct Contract

By signing this document, you agree to uphold all parts of the "Coaches' Code of Conduct" for the (enter name of school/league). You acknowledge that you have read and understand this code and make a commitment to living the mission of Play Like a Champion in your coaching ministry.

Coach Name (Printed): \_\_\_\_\_

Coach Parish: \_\_\_\_\_

Coach Signature: \_\_\_\_\_

Date: \_\_\_\_\_