## Play Like A Champion Today



## Play Like a Champion Athlete Code of Conduct

Play Like a Champion Today means becoming a Champion on the playing field, in your school community, with your family and in your life. Take the CHAMPION COMMITMENT:

## I can and will be a CHAMPION by:

- Trying my hardest at every practice and game
- Setting Goals to improve myself in all areas
  - Physical skills
  - o Mental focus: my effort and attitude
  - Sportsmanship values
- Being a team player
- Showing respect at all times for
  - Myself
  - My coaches
  - My teammates
  - My opponents
  - The officials
- Making responsible decisions on and off the playing field
  - Playing by the rules
  - o Being a friend to everyone on my team
  - Standing up for others

I can help all the players on my team to be CHAMPIONS by:

- Encouraging others
- Supporting my teammates
- Building relationships on my team
- Respecting our coaches
- Thanking the officials
- Welcoming our opponents

I will live by the Cardinal Virtues in my behavior and attitude in all athletic events.

- Fortitude having courage and perseverance
- Justice showing fairness and respect
- Prudence making wise decision
- Temperance having balance and proper perspective

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