

Champion Sports Parent Code of Conduct



1. I will be positive and support my child in his/her individual sport journey.
2. I will not force my child to play sports.
3. I will remember that sports are games meant to be played by and for children.
4. I will accept that my child plays sports for his/her enjoyment, not for mine.
5. I will be realistic in my expectations for my child in sports.
6. I will encourage my child in the GROW model of developing as an athlete
 - I will help him/her to set goals.
 - I will help him/her foster positive relationships on his or her team.
 - I will ensure that he/she has an opportunity to make his/her own decisions in athletics.
 - I will guide him/her in winning and losing gracefully.
7. I will help my child grow in the Catholic cardinal virtues through sports.
8. I will live by the cardinal virtues in my own behavior/attitude at sporting events.
9. I will help my child feel like a Champion by offering fair praise and constructive criticism in due reward.
10. I will be aware of the signs of abuse and report any inappropriate behavior.
11. I will support a nurturing sideline environment.
12. I will applaud good play, by both my child's team and the opponents.
13. I will respect the game officials and their decisions, understanding their task is challenging.
14. I will respect and show courtesy to my child's coaches at all times.
15. I will commit to ensuring my child's coach follows the standards of Christian coaching and acts as a youth minister for my child in his/her sporting experience



CHAMPION SPORTS PARENT CODE OF CONDUCT

I have read the *Play Like a Champion Sports Parent Code of Conduct* and pledge to embrace the mission, abide by the guidelines, and support the values of the program.

School: _____

Name (printed): _____

Signature: _____ Date: _____

10 Commandments for Sport Parents

On the way to the event...

1. Ask your child to set goals for the game: a physical goal, a mental goal and a sportsmanship goal.
2. Remind your child (and yourself) to have fun.
3. Say a prayer with your child thanking God for the opportunity to play.

At the event...

4. Be positive with all players, opponents, fans, coaches and officials.
5. Remain calm and in control of your words and actions.
6. Take a deep breath and/or remove yourself from the environment if you grow angry.
7. Applaud good play from both teams.

On the way home...

8. Ask your child, "How do you think the game went?"
9. Point out signs of sportsmanship shown in the game.
10. Express your love for your child regardless of the outcome of the game.

