

ATHLETE ASSENT FORM



Lead by Performance Project, LLC

Dear Athlete,

You are invited to participate in an evaluation of your sports experience conducted by the Institute for Educational Initiatives at the University of Notre Dame. The purpose of this evaluation is to determine the extent to which your sports experience met the standards of the Play Like A Champion Today™ approach. If you decide to participate, you will complete a 15 minute survey at the end of your sports season.

Participation is completely voluntary; you may stop participating at any time prior to completion of the project. Should you have any questions at any time, you are welcome to contact the researchers at plc@nd.edu. Your decision to participate or not will not prejudice your future relations with your team, coach, school, parish, or diocese, or the University of Notre Dame. In addition, no one other than the researchers at Notre Dame will view your responses. One benefit of participating in the study is that the results will be used to improve the quality of youth sport coaching.

If you are willing to participate in this research, please read and sign the consent form below. If requested, you will be given a copy of this form to keep.

I agree to participate in all of the procedures above. I understand that my identity will be protected during the study, as names are not required for participation nor linked with survey responses. In addition, I understand that no one other than Notre Dame researchers will have access to the completed surveys. I also understand that my name will not be revealed when data from the research are presented in publications. I have read the above and give the researcher, Clark Power, and his co-authors at the University of Notre Dame permission to use excerpts from what I write without identifying me as the writer.

Date

Print Name

Signature

Signature of Investigator

PARENTAL PERMISSION FORM



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Your child has been invited to participate in an evaluation of his or her sports experience conducted by the Center for Ethical Education at the University of Notre Dame. The purpose of this evaluation is to determine the extent to which your child's sports experience met the standards of the Play Like A Champion Today™ Approach. If your child participates he or she will complete a questionnaire, which should take about 15 minutes.

Participation is completely voluntary; your child may stop participating at any time. Should you or your child have any questions, he or she is welcome to contact the researchers at plc@nd.edu. Your decision to participate or not will have no effect on your child's sports participation or prejudice her or his future relations with the University of Notre Dame. One benefit of participating in the study is that the results will be used to improve the quality of youth sport coaching.

If you do not wish your child to participate in this study, please indicated below, and return this form to your child's coach or athletic program administrator and/or contact our Center by e-mail (plc@nd.edu) or phone (574-631-7343).

I understand that my child's identity will be protected during the study, as names are not required for participation nor linked with survey responses. I also understand that my child's name will not be revealed when data from the research are presented in publications. I have read the above and give the researcher, Clark Power, and his co-authors permission to use excerpts from what my child may write without identifying my child as the writer.

Date

Print Name

Signature

Signature of Investigator

Please check if you do not want your child to participate in this study

ATHLETE POST-SEASON EVALUATION FORM



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The following is a survey about your sport experience. Please fill out a separate form for each sport you played this school year.

1. School _____
2. Gender (please circle): Male Female
3. Grade (please circle): 5th 6th 7th 8th
4. Age _____
5. Sport (please circle **ONE**): Baseball Softball Soccer Other
 Volleyball Basketball Football Track & Field
6. Team (name & grade) _____ (e.g., 6th & 7th, 7th & 8th Colors, JV, Varsity, etc.)
7. Head Coach _____ Assistant Coach(es) _____
8. Race/Ethnicity (please circle): White/Caucasian Black/African American Hispanic
 Asian-American/Pacific Islander Native American/Alaskan Native Other _____

Check the box that matches how much you agree or disagree with each statement:

<i>This past season...</i>	Strongly Disagree	Disagree	Neither Agree or Disagree	Agree	Strongly Agree
1. I had fun playing on my team	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. I liked my head coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. My head coach made the sport fun	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I learned a lot from my head coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. I had fun with my teammates	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. I received about the same amount of playing time as the other players	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. I felt happy about the amount of playing time I received	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. I became more skilled at my sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<i>This past season...</i>	Strongly Disagree	Disagree	Neither Agree or Disagree	Agree	Strongly Agree
1. My head coach let me and my teammates make decisions about the team and the sport	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. My head coach encouraged me to ask questions	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. I feel supported by my head coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. I felt listened to by my head coach	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. My head coach communicated well with me	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. My head coach helped me to think about the relationship between sports and my faith/religion	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. My head coach taught the importance of fairness and sportsmanship at all times	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
8. My head coach helped players to develop their skills	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
9. My head coach fostered a strong sense of team unity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
10. My head coach encouraged all team members to be friendly and show respect to one another	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
11. My head coach help me set individual goals for the season	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
12. The head coach handled losing well	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Check the box that matches how much often you observed or experienced each statement:

<i>How often this past season did you see your <u>HEAD COACH</u>:</i>	Never	Almost Never	Some times	A lot of the time	All the time
1. Yell at a player	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Yell at a ref	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Yell at a spectator or fan	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Encourage 'rough play'	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Encourage play outside the rules (e.g., faking an injury, shirt pulling, taking a cheap shot)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Use inappropriate language	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Act like a "bad sport"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<i>How often this past season did you see your <u>ASSISTANT COACHES</u>:</i>	Never	Almost Never	Some times	A lot of the time	All the time
1. Yell at a player	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Yell at a ref	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Use inappropriate language	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<i>How often this past season did you see <u>FANS</u>:</i>	Never	Almost Never	Some times	A lot of the time	All the time
1. Yell at players	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Yell at coaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Yell at a ref	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. 'Coach' from the sidelines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Encourage rough play (taking someone out, retaliating, taking a cheap shot)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
6. Use inappropriate language	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
7. Act like a "bad sport"	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

<i>How often this past season did you see <u>FANS</u>:</i>	Never	Almost Never	Some times	A lot of the time	All the time
1. Show appreciation for good play by opposing player/team	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
2. Support the referee/official/umpire	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
3. Provide positive encouragement to players	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
4. Display sportsmanlike behaviors to team members and fans of the opposing team	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
5. Congratulate the opposing team and fans win or lose	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>